CHESO NEWS



Chester Hill High School Newsletter

Term 4, issue 1 | November 2017

PRINCIPAL'S REPORT

Dear CHHS Community,

It is with the heaviest of hearts that we send our deepest condolences to the Banksia Road Public School community. We cannot begin to imagine the grief they are experiencing. We also extend our condolences to the parents of the two boys whose death was so untimely.



In light of this tragedy, it is so important that our community takes more care in their movements in and around the school.

Firstly, driveway entry on Miller Road cannot be used by parents to make drop offs and pick ups.

Reversing from this driveway when students

are entering or exiting en mass is highly dangerous. It is requested that parents identify a safe and legal drop off/ pick up at a distance from the school and communicate this with their child. We also remind parents that they are not to drive into the school grounds via Kenward Avenue during school hours. Parents are also advised to adhere to the speed limit pre and post school hours- speeding in this area is highly dangerous and places students and staff at risk

Over the coming 40 weeks, there will be major building works conducted on site at the school. A new office building will be constructed on Miller Road. We are also installing a fully commercial hospitality kitchen in Term 1, 2018.



CHESTER HILL HIGH SCHOOL KENWARD AVE **CHESTER HILL 2162**

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Parents will be updated when necessary about the progress and safety requirements relating to the building works through notes sent home with students, on Facebook and where relevant, the electronic school sign. Please communicate with your children the importance of safe movement and compliance with school rules at all times.

As we find ourselves midway through Term 4, the school is involved in deep reflection, evaluation and planning to devise the School Plan for the next three years. We value the attendance of parents at our most recent Parent Forum and the discussions and consultations we held on this matter. We encourage parents to commit time to attend the forum and other school events, to promote an active participation in their child's school life.

Parents are also reminded that we have a uniform policy that excludes the use of particular shoe styles. In the lead up to the new year, we remind parents to familiarise themselves with the uniform policy to prevent expenditure on the wrong items.

Most of all, we urge parents to pick up student reports when they are available. As I have discussed in prior newsletters, active parent awareness and involvement in student learning and progress impacts on performance. You must know how your child is performing and work in partnership to ensure they are progressing appropriately, intervening with additional measures and support when necessary.

Ms Z Dabaja

Principal

In This Issue

- IEC Report p2
- Girls in Leadership p3
- The Helmsman Project p4
- Summer School p5
- Year 10 Connect p6
- Zonta p7

And more!

IEC REPORT

Australian Mathematics Competition

In Term 3, the IEC again took part in the annual Australian Mathematics Competition. The results were revealed early in Term4 and the IEC did not disappoint! The efforts of the students resulted in 5 certificates of participation, 14 certificates of proficiency, 4 certificates of credits and 2 distinctions! Our two distinction students, **Liam Hu** and **Qiteng Chen**, have worked very hard and successfully demonstrated their numerical prowess! **Ms Li** conducted training with the participants prior to the competition, and congratulates the students for their hard work, saying "the excellent results made me very proud as a teacher, but the fact that they gave it a go was the most important thing."

UNSW Aspire



Since the beginning of term, a dedicated group of science experts from the University of New South Wales have been running sessions with our students every Friday morning. The group from UNSW Aspire have a passion for science and have been teaching students about different scientific disciplines and explaining the potential study

pathways that science can lead to at university. The sessions have been very hands on; an example of what they have been doing is creating a 3D replica of the bones and tendons in the hand using paper, string and straws.

ABCN Strategy Review Seminar

In Week 4, the CEO and General Manager of the Australian Business Community Network (ABCN), along with representatives from several school principals, attended the ABCN Strategy Review Seminar, held at the IEC. The seminar facilitated honest evaluations and assessments of the various student engagement programs conducted over the last seven years. These programs include INTERACT, Aspirations, Focus (Girls Leadership), InRoads (ICT engagement program for students at risk), the ABCN scholarship program, Senior Secondary Work Experience and Secondary Work Placement.

Inter-IEC Oratory Showcase

For quites some weeks, preparations had been under way for the annual Inter-IEC Oratory Showcase. All teams at the IEC are busily getting ready for this spectacular event that celebrates the successes of our students in developing their oral communication skills. On Thursday November 30, the IEC hosted 14 other schools from around NSW, providing a great day full of entertainment and engaging activities. A range of stalls are being organised for the day including henna hand art, trash and treasure, carnival games and calligraphy workshops. The public speaking presentations from every school were evocative, thought provoking and inspirational. Congratulations is due to each student and staff member responsible for what as in effect, a wonderful promotion of the values of public education and the impact teachers have on student development in all IECs across NSW. A special

acknowledgement must go to Mrs Liau and her team for running such a successful event.

Mr Ocampo

BUSINESS PLAN

I am so very proud to share with you the list of award recipients for this year's University of Newcastle Business Plan Challenge Award recipients. Due to the rigour of the assessment processes and unending staff support here at Cheso, we had the opportunity to submit a large number of business plans for consideration.

This has resulted in 3 of our students receiving a certificate for achieving in the "Top 20". They are **Swan Zin**, **Tina Le** and **Phuong Nguyen**. Not to be outdone, a number of our students also received awards for "Outstanding Achievement". They are **Thi Dinh**, **Mujtaba Hussaini**, **William Ngo**, **Catherine Dao**, **Bob Tran**, **Kellie Tran**, **Aisha Adra**, **Ahmed Alzeidy** and **Andre Kotevski**. The rest of the submissions received at the "High Achievement" level, which meant that none of our students merely participated, they all were recognised for their outstanding work. The students who received the High Achievement certificates are **Sandy lasakul**, **Jina Le**, **Hania Zahra**, **Rania Chalak** and **Melissa Do**.

The creation of a business plan today and the validation of their work in a competition like this, contributes to our students gaining the confidence to realise their dreams in the future.

The teachers and these students are to be congratulated for their months of hard work.

Ms Benton





GIRLS IN LEADERSHIP

Tuesday, 14 November marked the last ABCN Focus session at Lendlease. Our enthused Year 11 Girls took part in 3 sessions.

The whole experience has been invigorating for our students. They were able to connect with female leaders from diverse backgrounds and professional roles.

Session one: Tuesday, 17 October 2017

The girls were taken on a tour of Barangaroo by one of the Building development managers. They were educated about the history of Barangaroo and discovered that Barangaroo was named after a courageous and spirited Aboriginal woman.

Students were teamed up with their mentors from Lendlease. The mentors came from a variety of corporate roles including, marketing managers, PAs to the CEO, Building and environmental engineers, and architects. Students had an ice breaker session and discussed leadership qualities.

Session two: Tuesday 24 October 2017 It was time to take a hike below Barangaroo

During this session, we went 6 floors below sea level to discover the hidden secrets of the sustainable practices of Barangaroo. We were gob-smacked by the world below. We saw the latest technology built under sea level, an enormous recycling plant with over a thousand employees working around the clock. What do they recycle? Just about anything, from paper to cooking oil. Melissa, an environmental engineer, explained the recycling process and showed us where it all happened. An example of one aspect of the recycling plant is how cooking oil from cafes and restaurants in Barangaroo is recycled and used as Diesel for trucks. Other products such as paper waste go to the Visy recycling plant in Chullora.

Whilst below, we were surprised to discover an extensive display of bicycles. Hundreds of them were lined up and chained on racks. With only limited car spaces, this encourages employees to regularly commute to and from work by bike.

We were also privileged to meet two female representatives from the NSW Woman's cricket team, The Breakers. They are sponsored by Lendlease who encourage and empower women. The cricket players spoke to the girls about the importance of communication and team etiquette.

Session three: Tuesday 14 November 2017

The Immersion room was the highlight of this session. The girls were invited by George (one of the innovative architects of Barangaroo) to take part in a virtual reality experience. Whilst the Immersion room is still under construction and foreign to Lendlease staff and the CEO himself, we had the absolute privilege of viewing the room with George. The room was designed using the latest virtual reality technology and contains a ceiling-to-floor cinema screen. George took us on a virtual tour through Barangaroo which showed how it was developed from day one of construction to the present day. Students were introduced to the latest in architectural and building design, using gaming technology. The girls experimented with the virtual reality mask and walked through the realms of computer simulation.

To end the session the girls looked at intrinsic and extrinsic motivation and shared their views with their mentors. This was followed by a presentation of each of the groups, after which the mentors awarded the girls with a Certificate of Completion.

Making a connection with the world outside of school has been one of high importance. Students got to see the latest in innovative technology and learnt about a variety of job roles. Students learnt about the importance of visual literacy and the push for creative ideas, and to be mindful that innovation is now based on what is called the 'User Experience' the importance on how effective your product is for a particular audience. George emphasised the real world of work is about innovation and creating real life experiences.

Ms El-Samman

THE RUN BEYOND PROJECT

Saturday, 4 November started early for the boys in The Run Beyond Project, all of them rising before dawn to be at school for a 5:30am departure to Lane Cove National Park, where they participated in their first official race.

The Sydney Striders series-ending 10km was the event, and it was certainly a challenging one, consisting of 111m worth of elevation gain over the entire course.

Not letting that deter them, however, Ahmad Aldale Mousa, Ngor Akuen, Hamid Asghari, Usama Bin Walayat and Hoang Tran all performed admirably, completing the intimidating distance with confidence.

They will need every bit of that confidence in January, when they travel to Hobart for the Cadbury Half Marathon, which, at 21.1km, is more than double the distance.

Having learned through training and experience that it is what is done in the dark that shows up in the light, the boys are



continuing to train diligently in order to prepare for this next challenge.

We wish them all the very best on their journey!.

Mr Criniti

THE HELMSMAN PROJECT

A comfort zone is a space where we feel safe. It is everything we know and everything we have experienced. On 16 November, five Year Nine students and I ventured on a journey that would challenge our comfort zones. We joined ten students from Cumberland High School and began our five-day trip to Tharwa, in South Canberra. Upon arrival Irene Russo, Hsar Mu Yal, Eh Yoot Dar Poe, Christina Martinovic and Amani Ghamraoui were undeniably filled with excitement, as they bounded off the bus. The five-day hiking trip began with a small ceremony of raising an Outward Bound flag to symbolise our departure into the Australian bush.



We unanimously agreed that the second day of hiking was the most challenging, as hiking up a hill with kilograms of weight on our backs proved to be both physically and mentally demanding. Whilst there were moments the girls surrendered to the steepness of the hill, they never ceased to support and encourage one another. Additionally, the third day held its own challenges. We all underestimated how difficult it would be to maintain our balance as we hiked downwards, using our limbs to defy gravity. There were numerous stumbles, but the girls maintained a resilient attitude and used their strength



as a group to collaboratively support one another. Through these challenges, our comfort zones and tolerance levels were extended to new heights which we had not fathomed were possible.

The challenges were swiftly backgrounded by the unforgettable highlights. The most talked about highlight was abseiling off a cliff. The view of the valley below made the girls feel larger than life, as they cautiously used their strength to glide down the cliff. It was clear that the challenges we had faced in the previous days, had instilled a sense of tenacity within the girls as they faced this challenge seamlessly. Another key highpoint was my "pun" derful puns! Some of my personal favourites included: "Treerific effort girls!" and "These views are koalaty". These puns filtered through the group and the girls attempted to "out pun" me. Furthermore, there were countless moments where we would stop just to admire the remarkable scenery that ranged from dense bushland to grassland and spectacular valleys. The night sky was a favourite as the stars shone to an intensity we had not experienced before. Every moment in this trip was developing us, whether we were aware at the time or not.



Perseverance, grit and resilience were lessons learnt on the trip. There was a sense of growth amongst the group, as the girls reflected on the hardships and the triumphs. We had commenced this journey innocent to the difficulties we would face, but departed with the newfound knowledge of what we were really capable of because of our experiences. As we arrived at base camp and lowered the Outward Bound Flag, we departed with a new sense of ourselves, capable of pushing beyond what was comfortable to achieve bigger and better things.

"On and on you will hike.

And I know you'll hike far."

-Dr Seuss

Ms Hajazi

SUMMER SCHOOL ORIENTATION

14 of our Year 11 Bridging students attended the UTS Summer School Orientation day along with students from over 20 other schools from the South West region.

It was a successful day, with 250 students attending. The day started with a brief about each program on offer and what students will expect in the 2 Weeks of University during the January 2018 Summer holidays. Jenny Thai a 4th year Engineering and Robotics student who had attended Summer School, shared her story about the benefits of attending and how much she had gained when choosing her course.

Prior to Orientation day, students had registered their interest in a particular faculty, the departments on offer included Engineering, Science, Design, Nursing, Media and Communication and Business.

Students broke off into their designated schools and were thrilled to experience a tour of their departments and meet their mentors and other students in their group. Students also had a chance to complete a small project in each faculty.

Post Orientation, students will be attending university for 2 weeks from the 8-19 January, during this time they will team up and work on projects with university students and lecturers. These projects will be presented to an audience including parents, university staff and other community members during Graduation Day. They will also be awarded with Certificates of completion. Students will also be invited back to university to meet up with mentors every school holiday during Year 11 and 12.

This is a great program to help support students to make a connection with university culture and orientate them to tertiary life in Australia. Students will have a chance to meet students from local schools, which will help build their social and communication skills. Travelling to and from Uni will also build their travel awareness and sense of direction.

UTS have been generous enough to provide students with Opal cards for the 2 week duration, as well as providing morning tea and lunch.

If anyone is interested in attending Graduation day on 19 January 2018, see **Ms El Samman** in the SLC to book.

Ms El Samman



OPTUS CAREER CHOICE DAY

Career Choice day at Optus was an extremely enjoyable one for our students. They had the opportunity to meet Optus staff and experience the workplace first hand.

Students were divided into groups, and each group experienced three workshops.

The marketing workshop required students to design an advertising campaign for ice cream. They had 10 minutes to brainstorm and present their innovative campaigns before they enthusiastically presented their creative ideas.

Then there was the Creative Services, Design and Media workshop. The Producer of Optus Media Services took students on a tour of the Optus studios and audio recording rooms. Some students finally figured out their future career ...Voice over? 'Dial 1 for customer care, 2 for any other services'. Yes!

The third workshop was held in the busy Call Centre for the third workshop. Students had the unique opportunity to sit with a Customer care employee and listen to in-coming customer calls and resolutions.

We ended the day with a tour of the Optus campus and a Q&A session about career choices with Optus staff.

The day was productive and as usual our students were awesome.







YEAR 10 CONNECT PROGRAM

What does the Pink Ribbon campaign want to achieve?

The Cancer Council's Pink Ribbon Campaign was created in 2012 with the aim of raising awareness about breast and gynaecological cancers in Australian women as well as to raise funds for prevention programs, support services and cancer research. This 5 year long campaign has successfully helped spread awareness of women's health to the general public and has raised over 30 million dollars to help fund treatments and research into women's cancers. Through this campaign, the Cancer Council wants to ensure that women can live in a future where breast and gynaecological cancers are manageable and treatable diseases.

Facts and figures about women's health in Australia

Women are affected by many types of cancers in Australia, which include the following

- Breast Cancer
- Cervical Cancer
- Vaginal Cancer
- Vulvial Cancer
- Uterine Cancer

According to the Cancer Council's Website:

- Everyday 65 women in Australia are told that they have a certain type of cancer
- Breast Cancer is the most common type in Australia with 1 in 8 women being diagnosed with it by 85
- 17,000 people will be diagnosed with breast cancer this year with this figure increasing next year
- Sadly 3,087 women diagnosed with breast cancer this year will pass away from the disease
- Breast cancer is the second most common cancer that women will die from behind lung cancer

How did Cheso support Pink Ribbon?

To help spread awareness about breast cancer in Australian women, **Caitlin Fisher** and **Daniel Tjen**, our school Vice-Captains, spoke at the Monday morning assembly to help promote awareness by encouraging the Cheso community to help donate and contribute to the cause. They also provided the school with a story which insightfully explains the life of a nurse named Cat Fung and how the Cancer Council helped her ease her journey with cancer.

During Weeks 2 and 3, the SRC ran a stall selling pink merchandise to the Cheso community in which students and staff enthusiastically helped contribute and donate to the cause by purchasing items that were on sale such as pink ribbons, flowers, jelly cups, ice-creams and Redskins. A special thanks to Ms Mateus for purchasing the Redskins and ice-creams and to Amani Kahla for purchasing the jelly for the jelly cups.

On Wednesday, 24 October, the staff of Chester Hill all wore pink clothes and attended a morning tea in the library during recess. Staff all proudly wore pink ribbons on their clothes and donated funds to show their support for the cause. We



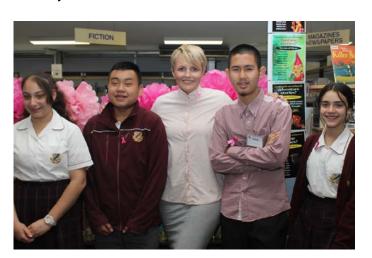
should give extra credit to **Mr D'Souza** who decided to be very creative and wore a pink wig to the occasion to show his dedication to supporting Pink Ribbon. Well done sir!



Overall, Pink Ribbon Week has been one of the SRC's most successful fundraiser events, this year raising \$1027.45. All funds will be going towards the continued research into managing women's cancers and making a difference to helping women that are affected by this.

Thank you to the students and staff of Cheso for making a difference to improve women's health.

Kim Huynh



ZONTA

On Saturday, 11 November, a group from Chester Hill High School volunteered to represent the school by participating in the Birthing Kit Foundation Australia program held by the Zonta Club at Padstow RSL. This group consisted of four SRC representatives, **Hayati Rima**, **Daniel Tjen**, **Nabiha Rafi** and **Hania Zahra** as well as Ms **Dabaja**, **Ms Smith** and **Ms Sharma** from the school staff.

Zonta is a leading global organisation of professionals empowering women worldwide though service and advocacy. The Zonta Club's job is to develop and respond to existing projects that advance the status of women. Supporting women to gain education at a variety of levels, advocating for improved health and legal support, recognising and awarding successful and achieving women and providing practical support for women in crisis. The day we attended was specifically dedicated to packing birthing kits to provide a clean and safe birthing environment for women in developing countries to reduce the incidence of infant and maternal morbidity and mortality.

At the venue, people were divided into groups and each group was responsible for making 100 birthing kits in total. These small, compact kits consisted of essentials like plastic bags, gloves, gauze, soap, threads and scalpel that would ensure a safe and clean birthing procedure for women. Australians and other developed countries might not consider these equipments to be as costly, as we have access to a wider range of technology that assists us, but women in some countries around the world are not privileged with such comforts. Thus,

the lack of proper and hygienic birth environment leads to a significant amount of women and children losing their lives. At the end of this day we successfully made 1000 birthing kits, which will be sent off to countries like Africa, Vietnam, Indonesia, India and many more, depending on where it is required.

Volunteering in such a program helped enhance our understanding of the world we live in and realise how little effort and time it takes for people like us, who are privileged enough, to help save lives of those who lack the opportunities.

Ms El Samman



SOCCER

It was a bright and sunny Sunday, marking the beginning of

Term 3 holidays. Chester Hill High School's International students have organised themselves and set off to soccer game down in the sand at Coogee beach.

We grouped up at 6:00 and caught the 6:30 train from Bankstown to the Central. After 20' of traveling by bus later, we arrived at the bustling and crowded shore of Coogee beach, where a big International soccer event had been organised by the NSW Police department. We guickly agreed on and divided ourselves into 3 teams: Water Pythons (Purple), Kookaburras (Pink)- the "Elite" team of the group, and the Goannas (Blue), with high hopes of winning a prize for our Roll Call teacher. Our dream was immediately shattered as soon as we met our opponents- adults and athletes from USYD and UNSW. Each team played 3 matches and came home with the total count of 3-27, with 27 for our opponents. Despite the disappointing goal count, our boys enjoyed their time at Coogee beach with the NSW Police. It was the first time playing beach soccer for all of us, and we all left the beach exhausted, with hungry tummies, two injuries, a quite severe case of dehydration, and our heads full of fantastic memories.









Chester Hill High School Calendar of Events - Term 4 - 2017



Week	Day	Date	Event
			SRC Nominations Week 6
7A	Wednesday	22.11.17	* Year 7 Water Awareness Clinic
	Thursday	23.11.17	* Year 7 Water Awareness Clinic
			SRC Speeches/Voting at Assembly - Week 8
8B	Wednesday	29.11.17	* NEWSLETTER AVAILABLE ONLINE www.chesterhillhighschool.com-click on news-then newsletters
			* Year 8 Water Awareness Clinic
	Thursday	30.11.17	* Year 8 Water Awareness Clinic
			* Peer Support
	Friday	1.12.17	* Peer Support
			^ IEC Oratory Competition
9A	Manday	4.12.17	* IEC Devent/Teacher Meeting
9A	Monday		* IEC Parent/Teacher Meeting
	Tuesday	5.12.17	* YEAR 6 ORIENTATION DAY (9.00am)
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10B	Monday	11.12.17	* Year 7 & 8 Presentation Day 9.15am
	Wednesday	13.12.17	* Year 9 & 10 Presentation Day 9.15am
			* Year 7-10 Parent/Teacher Meeting - 3.15pm - 6.00pm (Parents to collect reports)
	Thursday	14.12.17	* IEC Graduation
	Friday	15.12.17	* HSC Morning Tea

^{**} Please Note: Dates/Times correct at time of publication**

REMINDERS

Uniform Shop: Tuesdays 8.30am to 11.30am - Hall Students Mon/Wed/Frl - Lunchtime - Hall

** School Uniform is compulsory. School Parent Committees, the School Community Forum and staff all believe that school uniform enhances the school's image with the community and gives our students a sense of belonging and pride. All uniform is to be worn as designed, and not altered in any way.

Uniform Matters

Reminder to ALL Year 9 students: Students in Years 10, 11 and 12 are required to wear the CHHS Senior button up shirt. Year 9 students





Girls Senior CHHS Blouse \$25.00

Boys Senior CHHS Shirt \$20.00

School Caps: As the weather is warming up - Be Sun Smart!!

Buy an Official School Cap. \$15.00

They are available from the Uniform Shop or the Office.