

Term 2 Issue 2

Principal's Report

Safety at School: Since our last edition of Cheso News there have been reports in the media about bullying in our school which have caused us great concern. I want to emphasise to you all that the school does NOT tolerate violence and the welfare of our students and our staff are our highest priorities. The majority of our students behave well but we are all tarnished by the behaviour of the few. Please emphasise to your children that they must report any incidents of aggressive or violent behaviour or any incidents of bullying. I assure you that they will be dealt with and families contacted to discuss support for any student affected. My sincere thanks to the many families who have contacted the school to offer support and thanks for the many good things we do here at Cheso.

Flag Day: We are working hard to continue with our normal routine here at school. Flag Day is fast approaching and **Mrs Fields** and her team of staff are spending long hours assisting students with their performance items before and after school. Families are supporting students with costumes and music and it is a symbol of the real values of the school as captured by our school motto: "Strength in Unity, Excellence in Education". I know we say it every year but it IS going to be our best Flag Day ever!

Staffing: I would like to farewell 2 teachers: Mr Graham, of the English Department, is retiring at the end of Term 2. He has made very many significant contributions to our school and in a number of other public He schools. has worked to improve conditions for staff and students throughout his career. His contribution to the NSW Teachers Federation has been immense. Mr Graham carries our sincere best wishes for the future. He will be really missed. Mr Edwards, of our PDHPE Department, has spent many years here at Cheso. He has taken a service transfer closer to home on the North Shore. We will miss him and we all wish him and his young family well for the future.

Other notable events since our last Cheso News include:

- Student attendance at a variety of drama performances in the city with much positive feedback from those involved
- The start of our LEAPS, iTrack and 100 Faces mentoring programs
- School Athletics and Zone Cross Country carnivals

- Parent Teacher interviews for Years 11 and 12
- Education Week activities
- Year 10 Work Experience
- Vietnamese and Arabic Parents meetings with large numbers attending

Don't forget Parent Teacher Night for Year 7-11 on Wednesday 8 July! Reports will be available on the night.

Finally: I would like to say how wonderful the staff are at Cheso! They are always willing to "go the extra yards" if they feel it will benefit our students. I will be on leave for the first four weeks of Term 3 when I will be attending a family reunion. For the first time in many years our five children will be in Australia at the same time! My thanks to **Mrs McNab** who will be relieving principal for this time and **Mrs Mateus** who will relieve as deputy principal and **Ms Vermiglio** and **Mr Kerr** who will relieve as Head Teacher:Administration.

Mrs Christine Casey

CHESTER HILL HIGH SCHOOL

Parents and Community Group and School Council

Kenward Avenue Chester Hill NSW 2162 Phone: 9644 1099 Fax: 9743 7174

Open Letter to: *Mrs Casey*, Principal, Chester Hill High School and Chester Hill IEC and the School Community.

As you may be aware, Chester Hill High School has recently been placed in the public spotlight because of actions of a very small number of individuals. Unfortunately, because of media exposure, these events may have given our neighbourhood a less positive impression of the school and its community. However, as the President of the School Council for Chester Hill High School and IEC, I feel it is most appropriate to reaffirm at this time, the confidence and support the School Council has in our school.

Cheso, as it is warmly known to its school community, appreciates, recognises and promotes the best values and qualities within our school family unit. The harmony and good feeling between members of the school community is very evident. One example is the Multicultural Flag Day Ceremony, which has been staged annually at the school for over 10 years. This event recognises not only the talent and comradeship of its students, but the dedication and talent of the teachers, staff and mentors at Cheso. This single event brings our families together in celebration of the cultural diversity we share and the pride we have in our children and their school. The school motto reflects just what the Flag Day Celebrations represent - "Strength in Unity, Excellence in Education".

However, the Cheso reputation does not just stand on this one event. Each and every day within the school environment, the administrative staff, classroom assistants, teachers and school executives display optimism, enthusiasm, and deep caring, always encouraging positive actions and behaviour from the students. Take for instance when a child is sick or injured, the administrative staff undertake whatever action is needed; or when a child needs that little extra clarification on a piece of work, their teacher takes that moment to help; or while the Principal takes a walk across the playground during lunch, stopping frequently to chat with our children, these are the strengths our Cheso school possesses and, unfortunately we sometimes forget to thank them for taking that time.

Similarly, students themselves show they are proud of their school by their attitude and commitment to their education, positive engagement in their learning and participation in a range of extra curricula activities.

So, I would like to take this opportunity to remind the school's staff of the high respect the school has and the support we offer and reflect, that these difficult periods are but a moment in time and they will pass. We should remember that Cheso's theme song, sung loudly and proudly at our Flag Day, is: "We Are One". The support and attention given to our children at Cheso by the staff is evident as well as the important role our children play in making Cheso the best educational environment possible.

Thank you,

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President School Council Chester Hill High and Intensive English Centre 22 June, 2009

Public Speaking and Debating News

On the 27th May 2009, Ruth Curmi represented Chester Hill High School in the Sydney Morning Herald Plain English Speaking Awards - Regional Finals.
Ruth delivered an entertaining speech on the Generation Gap followed by an impromptu speech on "Breaking the Rules". Unfortunately, Ruth did not make it to the State Finals, the students from

Hurlstone Agricultural, Macquarie Fields High and Thomas Reddall High all made it through. All the best in the next round.

• Year 10 Debating Team (Alexandria Nunez, Christine Ma, Natalie Ambrose and Stephanie Ambrose) have won 2 out of 3 debates, so far. We wish them all the best in there up-coming debate against Sefton High School.

Ms L. Criola

"Cheso History Quiz Team" on TV

During Term 4 in 2008, four students from Years 7-10 (2008) represented our school in the first "Histrionics", which was an interschool history quiz competition. The four students were Jasmeen Kaur, Claire Ten Bohmer, Bi Yu Huang and Michael Tieu. We were up against Strathfield Girls High School. The competition was recorded with a live television studio audience at the University of Western Sydney, with students from 8F History (2008) participating as studio audience. Both teams were extremely close, with our school edging ahead during the Years 7, 8 and 9 rounds. In the end, our team lost narrowly by one point.



In early May this year, our Cheso History Quiz Team, along with teams from other participating schools Strathfield Girls' High, Hurlstone Agricultural, Greystanes High School, Mt Carmel High School, Model

Farms High School, Meriden and Caroline Chisholm College, was invited to participate in the Opening Ceremony at the University of Western Sydney. During the Opening Ceremony, we got to meet with the former Premier **Bob Carr**, who spoke about the importance of studying history as part of a citizen's education. Much fun was had by all.

Mr Kwok

Gifted and Talented Education Program Coordinator

Program Quiz show brings education to life

FORMER NSW Premier Bob Carr and UWS Vice Chancellor Professor Janice Reid launched Histrionics, an exciting new television quiz show that is bringing history education to life.

The program, which features students from Chester Hill High School, will premiere on TVS, Sydney's own free-to-air community television channel on Thursday, May 21 at 7pm.

Histrionics is a seven part television series, created by the University of Western Sydney's School of Communication Arts, together with the NSW History Teachers' Association.

A way of engaging young people and enlivening the study of history, the program's quiz questions are based on the NSW History syllabus.

UWS Vice-Chancellor, Professor Janice Reid said that the university is very proud to be supporting the importance of history education with Histrionics.

"It is a pleasure to be launching this exciting new TV program that's been created and produced by our talented students and staff within the School of Communication Arts. UWS hopes Histrionics will serve as a fresh and creative way to inspire school students to engage with the history curriculum," Ms Reid said.

TVS chief executive Laurie Pattor says Histrionics is a great example of how community television can provide access to locally made programs that otherwise might not make it onto our screens.

"TVS is proud to screen programs like Histrionics, programs that are not only entertaining but are also highly informative," Mr Patton said.

Through the use of props, costumes, digital production and green screen technology, high school students are transported back in time to medieval castles, the pyramids of Egypt, the Roman Colosseum and the days of Australian Federation.

It is in these historical settings that the hosts test the students' knowledge with quiz questions based on the NSW History syllabus.

100 Faces

On Thursday 28th May, Cheso launched "100 Faces" for the second year. There are twenty students involved this year; ten from the high school and ten from the IEC. The teachers involved are: **Mrs Casey** our principal, **Mrs Liau** who is the head teacher of the IEC, **Mrs Gabb** art teacher IEC and **Mrs Goodwin** art teacher Cheso. The launch went from

periods 1 to 4 in the library. **Mrs Casey** introduced the program to the students and the OPTUS mentors, then she told "her" story. **Mrs Liau** and **Mrs Goodwin** told their stories as well. It was interesting to hear stories about teachers lives. We spent some time with our mentors on an activity called "The tree of life" where we had to answer questions about our life. 100 Faces is going to be a good experience because we will get to write and illustrate "our" story with our mentors and our teachers. It is good that we get to know students from the IEC too. Soon, we are going to the Optus Campus at North Ryde then to the art gallery which will be fun.

Natalie Clarke and Puja Chavan - Year 9

Arabic Youth Competition

On Wednesday 17th June the following students Heba Zreika, Mohamed Karaali and Mariam Al Mowail represented the school at the Arabic Youth Quiz. Omar Zreika is in the team but couldn't participate so he was replaced by Mohamed Karaali temporarily. In the morning accompanied by Mrs Chmali we prepared by reading textbooks, revising some information and studying textbooks. We did this all morning until recess when we had a snack and finalized our revision at twelve o'clock. We headed towards The Australian Arabic Council in Bankstown. Our round started at one thirty when we competed against Sule College and Canterbury Boys. Our progress was impressive and we achieved a victorious win coming first place. We have qualified for the semi finals which will occur on the 1st of July. I would like to sincerely thank Mrs Chmali for putting in the effort for organizing this and extend my thanks to all staff members who were supportive.

Mariam Al Mowail

CAREERS REPORT

Open Days for 2009

Australian Catholic University		
Canberra campus	29 August	
North Sydney campus		
Open Night	9 September	
Strathfield campus	12 September	

Australian Maritime College

Launceston campus 16 August Campus tours can be arranged by appointment. For further information call 1300 361 928

Australian National University29 AugustCharles Sturt University
For campus tours/appointments
information call 1800 334 733Everyday
and courseGriffith University
Gold Coast9 AugustLa Trobe University
Albury-Wodonga campus
information session23 AugustMildura campus
information session27 July - 14 August

Macquarie University 12 September

Southern Cross University

For personalized campus tours and special events call **1800 111 890**

University of Canberra		29 August
University of New England	4	September
<i>University of New South Wales</i> Open Day Australian Defence Force Academy, Canberra	5	September 29 August
<i>University of Newcastle</i> Newcastle campus (Callaghan) Central Coast campus (Ourimbah Port Macquarie campus - Information Night		29 August 22 August September
University of Sydney		

Camperdown & Darlington, Mallett St, Sydney College of the Arts and Sydney Conservatorium of Music

(Macquarie St campus)

29 August For campus tours call 1300 362 006

EnergyAustralia[®]

University of Technology, Sydney

UTS information Day, Broadway campus 29 August UTS information Evening, Kuring-gai campus 9 September

University of Western Sydney Parramatta campus

30 August

University of Wollongong

For personalized campus tours and special events, call 1300 367 869

For information on school visit days, contact individual institutions.

Apprenticeships, Cadetships & Traineeships for Year 10 & 12 Students - We're seeking almost 200 school leavers to join us in 2010 on our Apprenticeship, Cadetship and Traineeship programs.

Our programs combine real work with real study within a supportive and secure environment. So your students can look forward to a promising future while they gain real world experience.

We have put together this careers pack. Please share it with your students to help them make an informed decision about their future. Detailed information can also be found on our website.

About the programs - On the whole, we look for students with a good head for maths, science and communications. They'll have full support and mentoring along the way, with huge scope for career progression.

Apprenticeships (Year 10 & 12 Students) | Trade - This on-the-job training and paid TAFE study program leads to a nationally recognised Certificate III trade qualification. Students can choose from five popular Apprenticeships.

Closing date: 31/07/09 | Contact: 02 8878 5000 | Apply: www.energy.com.au/apprenticeships

Traineeships in Electrical Engineering (Year 12 Students) | Para-professional - This program combines paid, part-time study for an Advanced Diploma in Electrical Technology at TAFE with work experience at EnergyAustralia. It comes with an attractive salary and working conditions.

Closing date: 30/09/09 | Contact: 02 9394 6663 | Apply: www.energy.com.au/traineeships

Cadetships in Electrical Engineering (Year 12 Students) | Professional - Our Cadetship combines full-time University study, leading to a degree in Electrical Engineering, and work experience with us. This five-year package comes with a weekly salary, payment of the student contribution (formerly HECS), and compulsory textbooks.

Closing date: 30/09/09 | Contact: 02 9394 6663 | Apply: www.energy.com.au/cadetships

Integral Energy Apprenticeships

Would you like to get paid to learn, gain hands on experience in the real world and work in an organization with fantastic career opportunities? Integral Energy is seeking 60+ apprentices to commence 2010. registrations open early July. See the web site for further information. www.integral.com.au/apprenticeships

Holsworthy Army Barracks Excursion

Organized by **Mrs Berzins**, a group of Years 10,11 and 12 students attended an excursion to the Holsworthy Army Barracks on 23rd June 2009. Holsworthy is one of the states reserve army bases which supports the reserve army members who serve overseas in the Solomon

STRENGTH IN UNITY, EXCELLENCE IN EDUCATION

6

Islands and East Timor. When we arrived, it was not how we imagined, the soldiers weren't running around in lines or marching in a parade, but were casually sitting around talking to each other and joking about with the sound of guns firing in the background off in the distance. We were called into the hall, where we were then seated. We were then spoken to about procedures that happen in the reserve army, as well as the regular army. The information was about how to join, what jobs are available (including trades) and where you will travel mainly. After this, we were taken outside and shown how to operate 3 different types weapons; a machine gun, an automatic rifle and a grenade launcher (like in CSI.6). We were taught how to hold the weapons, how to maintain them and most fun of all, how to shoot them, without bullets of course! Next we were taken to a pitch-black room, given a nightvision goggle and told to walk around the room (including walking up stairs). Surprisingly, this was quite fun as we could see and walk around as we would normally, just that everything was green. At the end, we were asked if we had any questions and were given a little more information. This excursion is highly recommended if you want to do a gap year in the defence force, looking for a trade, cannot think of any career paths, or if you want to get a feel for the army and a feel for the weapons. Talk to Mrs Berzins to get another excursion organized.

Jake Emmerson - Year 12







A Day at UTS

On Wednesday 6th May some Years 10 and 11 students attended the "y @ UTS" day in the city. This was an event to help us to see what uni life was like and to help us decide what we would like to do in the future.

When we arrived at UTS we went to level 6 of the university. There we received our name tags and listened to a talk by one of the students who attended the university.

We chose our faculty groups beforehand and we were split into groups of our choice. I chose business. I then headed to the business faculty of the university. When we got there we had morning tea and met the other students in the group. We then had a tour of the university. We saw the common rooms and lecture halls and a cafeteria which had a games room in it

After the tour we listened to students who were studying business and they spoke about why they chose this course and how you can get into UTS.

At the end of the day we went back to level 6 and received certificates for our 1 day course.

The excursion helped us to decide what we wanted to do in the future and made us realize that university is an option for us. We were told the entry marks needed for each course.

Overall it was a great day organized by Mrs Berzins and hopefully we'll be at UTS soon.

Rebecca Thompson (10E)

Education Tax Refund

Don't forget to claim

How do I claim the Education Tax Refund?

- In your tax return.
- If you don't lodge a tax return, claim on a separate form or over the phone.
- If you use a tax agent, make sure you ask them to claim for you.

The Education Tax Refund lets you claim up to 50% of eligible education expenses for school children. If you are eligible, you can get back up to \$375 for each primary student and up to \$750 for each secondary student. You can claim things like text books, stationery and even internet costs.

If you receive Family Tax Benefit Part A for a child at primary or secondary school, you will be eligible. Some other people are eligible too, to find out more about this and other information such as what you can and can't claim go to <u>australia.gov.au/</u><u>educationtaxrefund</u> or call the Tax Office on 13 28 61.

Remember, you need to keep all receipts for expenses you claim.





SRC REPORT

Gold Day

On the 5th June, the SRC supported the Children's Hospital by running "Gold Hair Day". Students were able to spray their hair with gold glitter or buy a gold ribbon for their hair for \$2. Many teachers and students also made generous donations. In total, the day raised \$488 which was an excellent effort.

Thanks to all who supported this great cause.

Leadership Forum

On Tuesday the 26th May, four students from our school participated in a student leadership diversity forum at Strathfield Education Centre. Students from local primary and high schools attended.

The forum covered the importance of "Refugee Day", racism towards others, and how to prevent violence in difficult situations. In particular we looked at the word HOPE and what it means to us. At the forum we met Armando Hurley, a public speaker who discussed his own experiences with racism. We also read a book about a refugee girl coming from a country without freedom and having to live a life of poverty.

Throughout the day we did lots of group work and had a really fun day. We were proud to represent our school at this event.

Peter Nguyen and Charlie Faleolo - Year 7

Ambassadors for Public Education

On Monday 25th May, the South Western Sydney Region's Ambassadors for Public Education was held.

Representatives were selected from various High Schools and Primary Schools within the region to come together at the UWS Campbelltown campus to participate in workshops in relation to the qualities of an Ambassador. While there some university students gave us a tour showing us some of the faculties available at the university.

At the completion of the day session we were taken to Revesby Workers' Club for dinner and for the introduction of Ambassador's in the presence of parents, relatives, friends and school principals.

There were 241 students that were chosen and each one was presented with a certificate and badge for their adherence to the values of public education, leadership, advanced communication skills and ongoing contribution to the school community.

Ten primary school and ten high school Ambassadors were acknowledged as Regional Ambassadors to work on a broader level with the Regional Executive, unfortunately I wasn't one of them.

On the whole it was an interesting and fun day to promote Public Education.

Finally I would like to thank **Mrs Mateus** and **Ms Whittle** for their involvement and **Mrs Casey** for attending the Presentation Ceremony.

Damian Kotevski

Australian Youth Forum 2009

On Wednesday 10th June, **Robert Bakous** and myself, SRC representatives of Year 11, attended the first ever Australian Youth Forum held at Bankstown Town Hall. In the conference room we were amongst many students from different schools within the area, as well as young adults, each with a different opinion to share. During morning tea we came over to meet a woman called **Kate Ellis**, the Minister for Sport, but most importantly on the day she was there as the Federal Minister for Youth. We did brainstorming activities in divided groups, preferably with somebody who we didn't know, where we discussed problems the youth of today face . Areas of concern included jobs and employment, safety concerns, school and education and basically anything that anyone thought was important.

We had guest speakers who talked to us about different topics that they themselves were passionate about, sharing with us their voice. We liked being there because it was a conference dedicated to the youth of society and what they had to say - it was the one day where all the adults would ask us for our opinions or maybe even our advice. We were encouraged to speak up and get more involved.

The day was very successful in getting the message of how important we are, as the youth of today and the adults of tomorrow, across. The issues raised at the meeting will be taken back to Canberra and the Prime Minister himself will be addressed directly from the Ministers who were present on the day.

Christina Nguyen

Shadowing the School Education Director

On 27th May, I and a student from Fairvale High School were chosen to shadow Mr James Coleborne, the School Education Director, for a day. I was escorted by Mrs Casey to Chester Hill North Primary School and was introduced to The Boss himself and Shirley Becker, the Senior Education Officer, who briefed through the purpose of the Best Start Program - a statewide Kindergarten assessment program aimed at identifying students' learning needs at an earlier stage of education. We were given an agenda which listed the many schools we would be visiting throughout the day in accordance with Education Week. To begin the celebrations of education week we watched Chester Hill North Primary School's choir and musical items, exhibited Fairfield Heights Primary School library open display of artworks produced by students, as well as enjoyed a variety of technology displays such as the interactive smart boards, computer network and digital cameras at various primary schools such as Fairfield West Primary and Lansvale East. The highlights of the day include guest speaker at Fairvale High School **Ros Kelly** who discussed issues concerning ecological sustainable tourism and her experiences of being a member of politics as well as having the opportunity of visiting primary school classes and seeing so many students being engaged in their learning with the advanced technology available to them.

Christine Ma

Intensive English Centre

The last three Wednesdays had been a bustle of activities for both students and staff.

On the 3rd of June, Mr Criniti and his team of student leaders organized a very successful and



On the 10th of June, JobQuest team members came and helped us create a giant banner for World Refugee Day (19th June, 2009). Every student in the Centre put paint on canvas and expressed his/her individuality in the form of





profitable fundraising barbeque at lunchtime. This once-a-term event has been running for the last three years and is just getting better and better each time!



writing, drawing and handprints! The students from the high school in the Refugee Transition Program also created a smaller banner to commemorate the yearly event. It was a great time of fun and laughter. The spirit of unity, harmony and empathy was evident and felt by all.

Finally, on the 17th of June, ten students and the head teacher joined the rest of the "100 Faces" team from the high school on an excursion to the Optus head office at Macquarie Park. Within the span of three hours, students experimented with photographic digital technology, writing lyrics and mapping them with computerized music, learnt to create cartoon strips in story-telling and amazingly used shapes to create their stories. I have never seen and felt so much enthusiastic learning and play going on at the same time. For the twenty students and two teachers, the day would always be remembered with awe and appreciation.



Cross Country

No Carnival due to bad weather. School age champions were taken from the results from the Zone Cross Country carnival. Thank you to **Mr Dablan** and **Mr Edwards** for their organisation.

Zone Cross Country

A small team represented the school at the recent BSSSA Zone Cross Country carnival held at Lake Gillawana on the 26th May. We only had one age champion, **Yayha Hakimi** in the U18 male category, on the day but we had a number of top 10 placings. From these placings, 30 students were selected to compete at the Regional Cross Country Championships.

Chester Hill High School managed to finish 2nd out of the 6 schools in the Bansktown Zone. Special mention should be made of the Year 12 students who competed for the school at the carnival.

Thank you and congratulations to the students who put their name down and competed on the day.

Regional Cross Country

On a cold and blustery day, 30 Cheso students competed at the regional Cross Country Championships which was held at Hurlestone Agricultural high School on 11th June. Successful students on the day;

Matthew Timson: 6th in U15 Boys

Natalie Ambrose: 2nd in the U15 Girls,

Leyla Yilmaz, **Stacey Francis**, **Stepahnie Ambrose** all made the U15 Girls Bankstown team. These students will compete at the CHS Cross Country Championships on 31st July.

Thank you to all runners who braved the cold to run on the day and good luck to runners at the CHS Championships.

School Athletics

This years school athletics carnival was held at the Crest Athletics Track in difficult conditions for athletes, however it ended up a great day for all who attended.

Murdoch were again the champion house due to their excellent participation levels on the day. Our age champions for each age group were as follows:

AGE	BOYS	GIRLS
12	Delian Kotevski	Melek Yilmaz
13	Peter Hoang	Mallaak Kraini
14	Yavin Kumar	Paige Casaachia
15	Hayden Webster	Melissa Swan **
16	Jake Casacchia	Rebecca Thompson
17+	Victor Pham	Courtney Allen

** Special mention should go to **Melissa Swan** of year 10 who managed to break records in the following events: 100m, 200m, 800m, Triple Jump and Long Jump.

Students from our Intensive English Centre performed well with 5 students selected in the school team to compete at the Zone Athletics Carnival.

A big thank you to all staff who attended the carnival, braving the conditions and especially to the PD/H/PE staff who organised a great day of competition. Special thanks to **Mr D'Souza** who again spent countless hours collating the results from the carnival.

Zone Athletics

The Zone Athletics Carnival was held during Week 8 this term and there were a number of students who achieved some excellent results and several of our relay teams placed in the top two in their respective age categories.

The results were not available at time of publication of this newsletter. Students will be informed as soon as possible if there are competing at the Regional carnival to be held on the 10^{th} and 11^{th} of August.

Knockout Sports

U14 Rugby League team trained hard all term and deserved a better result against Condell Park in their 1st round Buckley Shield. Unfortunately we were well beaten by a side that were considerably larger in size than us. Special mention should go to **Chris Wilson**, **Michael Maybury** for their excellent commitment throughout the game.

U14 + U16 rugby league teams played in the Canterbury All Schools carnival during Term 2. Both teams represented Cheso with maturity and sportsmanship and it is with great pleasure to announce the U16 team has been selected to play in a follow-up competition to be held in Term 3.

Boys Tennis – Well done to **David Quinnell**, **Wayne Jones**, **Chris Henderson** and **Patrick Curmi** for their efforts over the past few months playing in the SSW Knockout Tennis Tournament. The boys made it to the 3rd round however they were defeated by Leumeah High

School. The boys improved as they moved through rounds one and two, winning against Birrong Boys, Cabramatta High School.

REMAINING KNOCKOUT GAMES:

Open Girls netball – Tueasday 7th July (Week 11 – Term 2)

Open Boys Netball – Thursday 30th July (Week 1 – Term 3)

U 15 Boys Basketball – Term 3

U 15 Girls Basketball – by 28/8/09 verses MOOREBANK High School

TERM 3 SPORT SELECTIONS WILL BE MADE DURING WEEK 11 TERM 2.

Have a great holiday!













STRENGTH IN UNITY, EXCELLENCE IN EDUCATION

16



















STRENGTH IN UNITY, EXCELLENCE IN EDUCATION

17



Sport Studies and Sport, Lifestyle and Recreation students experience a cardio fit class in C.O.L.A.







Are you interested in improving your fitness levels and overall health? Join the fitness club after school on **Wednesdays 3.30-4.30**. See **Miss Scarce**, in the PE staffroom, for details.











19



